20-1021 The Illusion of I Am

Notes of Atori Alo Yansa Parnell

We are eternal, we were before I Am. Moving from the eternal self existent one, the fountain of life to the I Am is the door we speak of. Moving through the door from eternal to time slows us. ~AAY~

Eternity passes through the “I Am Door” into time. It’s like a person who is free and is sentenced to a specific amount of time in a jail cell. The I Am remains in time like the person remains in jail. At the end of the sentence the person, the I Am, leaves the prison through the same door of I Am and moves to another space of time.

It’s the illusion of the cage. If you have ever watched the movie Sleepy Hallow with Johnny Dep, there is a scene where there is a cardinal bird and Dep is twisting something in his hands and flipping it very fast. It makes it look like the Cardinal is in a cage but when he stops the Cardinal is not in a cage at all. It’s just an illusion. Time is a mirage, an illusion that give you that feeling. ~AAY~

We need to realize that we, I Am, is the source, we are not talking to or looking for a ultimate source. We are the source! What you are looking for is not a step away. It’s here, this is the heaven and earth we desire. ~AAY~

When we step into time we slow down and feel caged and we want something or someone else to take care of things. To free us. Stir up your own being, move with Christ, the presence of the Spirit is you. Move from compassion, love, emotion and conviction.

We as humans are taught to hunt instead of rest. We are predators by nature in this life. In some ways even upon our own species. The source placed that desire here to progress and gains wisdom and understanding. You need to unlearn the ways you learned to use this attribute. Stop conquering and move to love, intuition, spontaneous movement of being helpers and serving instead of conquering. ~AAY~

If you have to let everyone else go their way, but you come home. Realize your home is not their home and that is okay. Come home to the move of the Spirit within. Doubt, predative actions, hurtful ways belongs to the realm of form, not the Spirit of Life. ~AAY~

Doubt comes with form and identity. We are Light – doubt is obscurity, it masks the light. Doubt is a costume that you put on. If you are going to wear it just remember you are going to be perceived as something other than Light.

When we walk in the Light, oneness of all things is our foundation. Be natural and it will move you in the direction and presence of Light. We must have the courage to enter the Temple – The flow of Spirit! We start there and you’ll release yourself from the cage of time. Time is no more. Isaiah, Ezekiel, John, Jesus, they entered the Temple, the Spirit for the age. ~AAY~

What if life is the dream and when we die we wake up? Bobby Beber

Life is a series of multiple dreams and we move through the door of death time and time again, each time gaining the needed understanding. ~AAY~

What if we've already woken up and this life is now the real thing and we're still thinking that it's a dream? I think we were dreaming before we were born and our birth is a way out into another reality that is now... I once was dead(asleep) but now I'm alive(awake) -Kit Gomez-

I think it is both ways, we keep stepping into realities as we move along in the movement of the Spirit and we are still in multiple states of unconsciousness. We are eternal beings and can span both states of being. It's like you wake up and realize you had a dream in a dream and you're in reality. If you get a chance watch the movie 'Inception'. Somewhat of an example. ~AAY~

When we were recast from heaven to earth and removed, it immediately began to feel like a duality. We walked through the door of I Am into time and time immediately slowed us and made our existence to feel as two.

When you pass back through that door, immediately you notice that the duality was a mirage called time. You see everything from oneness again. Time is no more! ~AAY~

The Understanding of the Knowledge of Good Living. Therein is the correct interpretation of the Tree. ~AAY~

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